



# HEALING IN KOREA ITINERARY

Make Your Memory in Korea

DAY	CITY	TOUR ACITIVITY	Meals
DAY 1	SEOUL GAPYOUNG	- Pick up at meeting point (Hongdea, Myeondong, Dongdeamun)  - Nami island  - Ganchone rail bike  - Garden of morning calm  - Myeongdong Drop	

### Inc (Included)

- Meals where noted
- English speaking driving guide

### Exc(Excluded)

- Travel Insurance, Individual Expenses

Notes: \_\_\_\_\_

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## Namiseom Island

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Namiseom Island was formed as a result of the construction of Cheongpyeong Dam. It is a half moon-shaped isle, and on it is the grave of General Nami, who led a great victory against the rebels in the 13th year of the 7th king of the Joseon Dynasty, King Sejo (reign 1455-1468).

Namiseom Island is 63 km away from Seoul in the direction of Chuncheon, and is famous for its beautiful tree lined roads. The island is 30 minutes away from Chuncheon and an hour away from the suburbs of Seoul. Since it is not far from Seoul, many couples and families come to visit.

A special feature of Namiseom Island is that there are no telephone poles. This is because all electric wires were built underground to keep the natural feeling of the landscape. The island is 553,560 square yards with chestnut trees and poplar trees throughout.

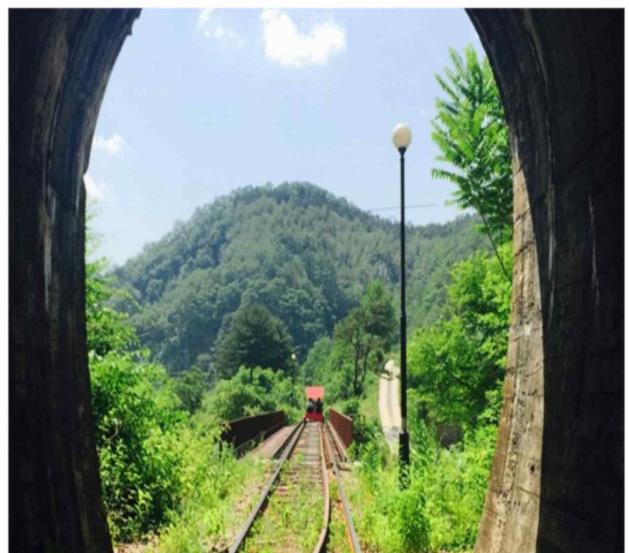
In the middle of the isle, there is a grass field about 316,320 square yards. It features education and training facilities and camping sites. The island also has a swimming pool and water-sports facilities for motorboats and water skiing, as well as a theme park with a merry-go-round, shooting range, and roller skating rink. Lodging facilities such as resort villas and bungalows are available for visitors to stay on the island.



# Gangchon Rail Park

Gangchon Rail Park used to be a servicable train station but is now a rail bike tourist attraction that connects two closed station platforms, Gimyujeong Station and Gangchon Station. Follow the Gangchon railway and you will pass through colorful foliage of grassfields and forests. You will also pass through Bubble Tunnel and Musical Tunnel, and even see Bukhangang River along the way!

You will reach a rest stop after 6km and continue on your remaining journey of 2.5km by the Romantic Train. When you arrive at Gangchon station, you can either move on to the next attraction or return to Gimyujeong Station by a shuttle bus.



## =The Garden of Morning Calm

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The Garden of Morning Calm, a 30,000m<sup>2</sup> garden, is open year-round and is a great spot to visit for families, couples, and photographers alike.

The garden was conceptualized by Professor Han Sang-kyung (Gardening Department, Sahmyook University) while he was serving as an exchange professor in America. His vision was to create a garden that would become world-famous and spread the concept of Korean beauty throughout the world. The inspiration for the garden stemmed from a poem written by Sir Tagore, a great Indian poet, who described Korea during the Joseon Dynasty as "The Land of the Morning Calm."

The garden is the oldest private garden in Korea. It is an artistic space with a beautiful balance between the Korean concept of natural curves with asymmetry, and plants with synthetic materials, attracting about 600,000 visitors annually.

Scenic walkways, beautifully manicured grass, and flower beds connect the garden's 20 different themed sections. The Sukgeun Garden is shaped like the Korean Peninsula and is carpeted with beautiful flowers on both sides representing the desire for South and North Korea to be reunited. It is easily one of the most popular and meaningful attractions at the garden.

The garden houses about 5,000 kinds of plants, including 300 varieties native to Baekdusan Mountain, known as a spiritual mountain to the Korean people. Flowers are in bloom from March to November, so the garden is usually busy during this period. In addition to the beautiful foliage of the garden, there are a variety of festivals and displays held throughout the year.

